



EUROPEAN ATHLETICS  
**INDOOR**  
**CHAMPIONSHIPS**  
**GLASGOW 2019**

**DAY 1 a.m. - Friday, 1 March**

10:03	Long Jump	M	Q
10:05	60mH Pen	W	
10:20	400m	M	R1
10:45	High Jump Pen	W	A/B
11:10	800m	W	R1
11:30	Shot Put	M	Q
11:55	1500m	M	R1
12:00	Triple Jump	W	Q
12:30	3000m	M	R1
12:30	High Jump	M	Q A/B
13:00	400m	W	R1
13:15	Shot Put Pen	W	

**DAY 2 a.m. - Saturday, 2 March**

10:00	Long Jump	W	Q
10:03	Pole Vault	W	Q
10:10	60m Hep	M	
10:30	60m	M	R1
11:13	60m	W	R1
11:57	60mH	M	R1
12:05	Long Jump Hep	M	
12:31	60mH	W	R1

**DAY 3 a.m. - Sunday, 3 March**

10:00	Triple Jump	W	Final
10:06	60mH Hep	M	
11:05	60mH	M	SF
11:15	Pole Vault Hep	M	
11:25	60mH	W	SF
11:35	Long Jump	M	Final
12:20	Shot Put	W	Final

**DAY 1 p.m. - Friday, 1 March**

19:00	Pole Vault	M	Q
19:02	Shot Put	W	Q
19:04	Long Jump Pen	W	
19:06	High Jump	W	Q
19:10	1500m	W	R1
19:48	800m	M	R1
20:25	Triple Jump	M	Q
20:35	Shot Put	M	Final
20:36	400m	W	SF
20:55	400m	M	SF
21:15	800m Pen	W	Final
21:40	3000m	W	Final

**DAY 2 p.m. - Saturday, 2 March**

18:00	High Jump	M	Final
18:02	Shot Put Hep	M	
18:06	800m	W	SF
18:10	Pole Vault	M	Final
18:25	800m	M	SF
18:50	60m	W	SF
19:20	60m	M	SF
19:47	3000m	M	Final
19:50	High Jump Hep	M	A/B
20:10	400m	W	Final
20:22	400m	M	Final
20:35	60m	W	Final
20:50	60m	M	Final

**DAY 3 p.m. - Sunday, 3 March**

18:00	Long Jump	W	Final
18:05	Pole Vault	W	Final
18:10	60mH	M	Final
18:25	60mH	W	Final
18:57	800m	M	Final
19:15	High Jump	W	Final
19:18	800m	W	Final
19:35	Triple Jump	M	Final
19:37	1000m Hep	M	Final
20:01	1500m	M	Final
20:12	1500m	W	Final
20:25	4x400m	M	Final
20:40	4x400m	W	Final